

ST BOTOLPH

C A M B R I D G E



Duccio *Jesus and the two disciples On the Road to Emmaus* 1308–1311
Museo dell'Opera del Duomo, [Siena](#)

FIRST SUNDAY AFTER EASTER (KNOWN AS LOW SUNDAY)

Order of Service for Mattins *with* Holy Communion

11th April 2021 at 11.00am

Music before the service
R Vaughan Williams *Rhosymedre* & T Dubois *Cantilene Religieuse*

¶ Please stand

WELCOME – Fr Stephen

THE INTROIT

HYMN NEH 117 *The Day of Resurrection*

1 The Day of Resurrection!
 Earth, tell it out abroad;
 The Passover of gladness,
 The Passover of God!
 From death to life eternal,
 From earth unto the sky,
 Our Christ hath brought us over
 With hymns of victory.

2 Our hearts be pure from evil,
 That we may see aright
 The Lord in rays eternal
 Of resurrection-light;
 And, listening to his accents,
 May hear so calm and plain
 His own 'All hail,' and, hearing,
 May raise the victor strain.

3 Now let the heavens be joyful,
 And earth her song begin,
 The round world keep high triumph,
 And all that is therein;
 Let all things seen and unseen
 Their notes in gladness blend,
 For Christ the Lord hath risen,
 Our joy that hath no end.

THE VERSICLES AND RESPONSES

O Lord, open thou our lips.

And our mouth shall shew forth thy praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost,

As it was in the beginning, is now and ever shall be, world without end. Amen.

Praise ye the Lord.

The Lord's Name be praised.

¶ Please sit

THE VENITE

- f* O COME, let us 'sing unto the 'Lord : let us heartily rejoice in the 'strength of 'our sal'vation.
- 2 Let us come before his 'presence with 'thanksgiving : and shew our-selves ' glad
- 3 For the Lord is a 'great ' God : and a great ' King above ' all ' gods.
- 4 In his hand are all the 'corners · of the ' earth : and the strength of the ' hills is ' his ' also.
- 5 The sea is his and ' he ' made it : and his hands pre'pared the ' dry ' land.
- p* 6 O come, let us worship and ' fall ' down : and kneel be'fore the ' Lord our ' Maker.
- 7 For he is the ' Lord our ' God : and we are the people of his pasture, and the ' sheep of ' his ' hand.
- Glory be to the Father, and ' to the ' Son : and ' to the ' Holy ' Ghost ;
As it was in the beginning, is now and ' ever ' shall be : world without ' end. A'men

THE FIRST LESSON (read by Miranda Zwalf)

The first lesson is written in the sixth chapter of the Book of Judges, beginning at the eleventh verse.

AND there came an angel of the Lord, and sat under an oak which was in Ophrah, that pertained unto Joash the Abiezrite: and his son Gideon threshed wheat by the winepress, to hide it from the Midianites. And the angel of the Lord appeared unto him, and said unto him, The Lord is with thee, thou mighty man of valour. And Gideon said unto him, Oh my Lord, if the Lord be with us, why then is all this befallen us? and where be all his miracles which our fathers told us of, saying, Did not the Lord bring us up from Egypt? but now the Lord hath forsaken us, and delivered us into the hands of the Midianites. And the Lord looked upon him, and said, Go in this thy might, and thou shalt save Israel from the hand of the Midianites: have not I sent thee? And he said unto him, Oh my Lord, wherewith shall I save Israel? behold, my family is poor in Manasseh, and I am the least in my father's house. And the Lord said unto him, Surely I will be with thee, and thou shalt smite the Midianites as one man. And he said unto him, If now I have found grace in thy sight, then shew me a sign that thou talkest with me. Depart not hence, I pray thee, until I come unto thee, and bring forth my present, and set it before thee. And he said, I will tarry until thou come again. And Gideon went in, and made ready a kid, and unleavened cakes of an ephah of flour: the flesh he put in a basket, and he put the broth in a pot, and brought it out unto him under the oak, and presented it. And the angel of God said unto him, Take the flesh and the unleavened cakes, and lay them upon this rock, and pour out the broth. And he did so. Then the angel of the Lord put forth the end of the staff that was in his hand, and touched the flesh and the unleavened cakes; and there rose up fire out of the rock, and consumed the flesh and the unleavened cakes. Then the angel of the Lord departed out of his sight. And when Gideon perceived that he was an angel of the Lord, Gideon said, Alas, O Lord God! for because I have seen an angel of the Lord face to face. And the Lord said unto him, Peace be unto thee; fear not: thou shalt not die. Then Gideon built an altar there unto the Lord, and called it Jehovahshalom: unto this day it is yet in Ophrah of the Abiezrites.

Here endeth the first lesson.

PSALM 105 vv. 1-8



O GIVE thanks unto the Lord, and call up'on his 'Name : tell the
' people what ' things he hath ' done.

2 O let your songs be of ' him and ' praise him : and let your talking
be of ' all his ' wondrous ' works.

3 Rejoice in his ' holy ' Name : let the heart of them re'joice that
' seek the ' Lord.

4 Seek the ' Lord and his ' strength : seek his ' face ' ever'more.

5 Remember the marvellous works that ' he hath ' done : his wonders
and the ' judgements ' of his ' mouth,

6 O ye seed of ' Abraham his ' servant : ye ' children of ' Jacob his
' chosen.

7 He is the ' Lord our ' God : his judgements ' are in ' all the ' world.

8 He hath been alway mindful of his ' covenant and ' promise : that he
made to a ' thousand ' gene'rations ;

Glory be to the Father, and ' to the ' Son : and ' to the ' Holy ' Ghost ;

As it was in the beginning, is now and ' ever ' shall be : world without
' end. A'men.

THE SECOND LESSON (read by Barbara Tichel)



*The second lesson is written in the twenty-fourth chapter of the Gospel according to St Luke,
beginning at the thirteenth verse.*

AND, behold, two of them went that same day to a village called Emmaus, which was from Jerusalem about threescore furlongs. And they talked together of all these things which had happened. And it came to pass, that, while they communed together and reasoned, Jesus himself drew near, and went with them. But their eyes were holden that they should not know him. And he said unto them, What manner of communications are these that ye have one to another, as ye walk, and are sad? And the one of them, whose name was Cleopas, answering said unto him, Art thou only a stranger in Jerusalem, and hast not known the things which are come to pass there in these days? And he said unto them, What things? And they said unto him, Concerning Jesus of Nazareth, which was a prophet mighty in deed and word before God and all the people: And how the chief priests and our rulers delivered him to be condemned to death, and have crucified him. But we trusted that it had been he which should have redeemed Israel: and beside all this, to day is the third day since these things were done. Yea, and certain women also of our company made us astonished, which were early at the sepulchre; And when they found not his body, they came, saying, that they had also seen a vision of angels, which said that he was alive. And certain of them which were with us went to the sepulchre, and found it even so as the women had said: but him they saw not. Then he said unto them, O fools, and slow of heart to believe all that the prophets have spoken: Ought not Christ to have suffered these things, and to enter into his glory? And beginning at Moses and all the prophets, he expounded unto them in all the scriptures the things concerning himself. And they drew nigh unto the village, whither they went: and he made as though he would have gone further. But they constrained him, saying, Abide with us: for it is toward evening, and the day is far spent. And he went in to tarry with them. And it came to pass, as he sat at meat with them, he took bread, and blessed it, and brake, and gave to them. And their eyes were opened, and they knew him; and he vanished out of their sight. And they said one to another, Did not our heart burn within us, while he talked with us by the way, and while he opened to us the scriptures? And they rose up the same hour, and returned to Jerusalem, and found the eleven gathered together, and them that were with them, Saying, The Lord is risen indeed, and hath appeared to Simon. And they told what things were done in the way, and how he was known of them in breaking of bread.

Here endeth the second lesson.

¶ *Please stand*

THE TE DEUM LAUDAMUS (*sung by the choir to the setting by Merbecke*)

WE praise thee, O God : we acknowledge thee to be the Lord. All the earth doth worship thee : the Father everlasting. To thee all Angels cry aloud : the heavens, and all the powers therein. To thee Cherubim and Seraphim : continually do cry, Holy, Holy, Holy : Lord God of Sabaoth; Heaven and earth are full of the Majesty : of thy glory. The glorious company of the Apostles : praise thee. The goodly fellowship of the Prophets : praise thee. The noble army of Martyrs : praise thee. The holy Church throughout all the world : doth acknowledge thee; The Father : of an infinite Majesty; Thine honourable, true : and only Son; Also the Holy Ghost : the Comforter. Thou art the King of Glory : O Christ. Thou art the everlasting Son : of the Father. When thou tookest upon thee to deliver man : thou didst not abhor the Virgin's womb. When thou hadst overcome the sharpness of death : thou didst open the kingdom of heaven to all believers. Thou sittest at the right hand of God: in the glory of the Father. We believe that thou shalt come : to be our Judge. We therefore pray thee, help thy servants : whom thou hast redeemed with thy precious blood. Make them to be numbered with thy Saints : in glory everlasting. O Lord, save thy people : and bless thine heritage. Govern them : and lift them up for ever. Day by day : we magnify thee; And we worship thy Name : ever world without end. Vouchsafe, O Lord : to keep us this day without sin. O Lord, have mercy upon us : have mercy upon us. O Lord, let thy mercy lighten upon us : as our trust is in thee. O Lord, in thee have I trusted : let me never be confounded.

THE APOSTLES' CREED

I believe in God
the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholick Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.

Let us pray

¶ *Please kneel or sit*

THE PRAYERS

ALmighty Father, who hast given thine only Son to die for our sins, and to rise again for our justification: Grant us so to put away the leaven of malice and wickedness, that we may always serve thee in pureness of living and truth; through the merits of the same thy Son Jesus Christ our Lord. **Amen.**

OLORD, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

O Thou, who didst manifest thyself in the breaking of bread to the travellers at Emmaus: Grant us ever through the same blessed Sacrament of thy presence to know thee, and to love thee more and more with all our hearts. Abide with us, O Lord, that we may ever abide in thee; for thy tender mercy's sake. **Amen.**

OGOD, the Creator and Preserver of all, we humbly beseech thee for all sorts and conditions of thy people; that thou wouldest be pleased to make thy ways known unto them, thy saving health unto all nations. More especially, we pray for the good estate of thy Holy Church: that it may be so guided and governed by thy good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. We commend to thy fatherly goodness all those, who are any ways afflicted, or distressed, in mind, body or estate; remembering especially Vivienne Lake, *Priest*, Dianne Fraser, Martin Seekings, Tim Wheatley, Chris and Janet Nevitt, Greg and Wendy Paris, Anne Harcombe and Nancy Ann Blair, that it may please Thee to comfort and relieve them, according to their several necessities, giving them patience under their sufferings, and a happy issue out of their afflictions.

And we pray for the souls of Rachel Ward, Magdalini Tvelekos and Carolyn Barr, all recently departed of this life, and Jane Eleanor Arsenault, whose Year's Mind occurs at this time, that they may all + rest in peace and rise in glory, praying also for the families and friends who remain, that they may be comforted by the hope of the Resurrection as they mourn their loss.

All this we beg for Jesus Christ, his sake. **Amen.**

THE SERMON

Ben O'Neill

Assistant Chaplain, Stamford School

¶ Please stand

Offertory Hymn NEH 350 *Come O thou traveller unknown*

(Although this hymn is written principally with the story of Jacob's wrestling with an angel at Peniel in mind, the lyrics speak similarly to us of another traveller unknown, the Man who died for us, whose name is Love)



- | | |
|---|--|
| <p>1 Come, O thou Traveller unknown,
Whom still I hold, but cannot see;
My company before is gone,
And I am left alone with thee;
With thee all night I mean to stay
And wrestle till the break of day.</p> | <p>3 In vain thou strugglest to get free;
I never will unloose my hold:
Art thou the Man that died for me?
The secret of thy love unfold:
Wrestling, I will not let thee go
Till I thy name, thy nature know.</p> |
| <p>2 I need not tell thee who I am,
My misery and sin declare;
Thyself hast called my by my name,
Look on thy hands and read it there:
But who, I ask thee, who art thou?
Tell me thy name, and tell me now.</p> | <p>4 Yield to me now, for I am weak,
But confident, in self-despair;
Speak to my heart, in blessings speak,
Be conquered by my instant prayer:
Speak, or thou never hence shalt move,
And tell me if thy name is Love.</p> |
| <p>5 'Tis Love, 'tis Love! Thou diedst for me!
I hear thy whisper in my heart;
The morning breaks, the shadows flee,
Pure, universal Love thou art:
To me, to all, thy mercies move;
Thy nature and thy name is Love.</p> | |

¶ Please kneel or sit

CONFESSION AND ABSOLUTION

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

ALMIGHTY God,
Father of our Lord Jesus Christ, **M**aker of all things, **J**udge of all men; **W**e acknowledge and bewail our manifold sins and wickedness, **W**hich we, from time to time, most grievously have committed, **B**y thought, word, and deed, **A**gainst thy Divine Majesty, **P**rovoking most justly thy wrath and indignation against us. **W**e do earnestly repent, **A**nd are heartily sorry for these our misdoings; **T**he remembrance of them is grievous unto us; **T**he burden of them is intolerable. **H**ave mercy upon us, **H**ave mercy upon us, most merciful Father; **F**or thy Son our Lord Jesus Christ's sake, **F**orgive us all that is past; **A**nd grant that we may ever hereafter **S**erve and please thee **I**n newness of life, **T**o the honour and glory of thy Name; **T**hrough Jesus Christ our Lord. **A**men.

THE ABSOLUTION

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; + pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to life everlasting; through Jesus Christ our Lord. **A**men.

¶ Please stand

THE SURSUM CORDA (*sung by Father Stephen and the choir*)

The Lord be with you.
 And with thy spirit.
 Lift up your hearts.
 We lift them up unto the Lord.
 Let us give thanks unto our Lord God.
 It is meet and right so to do.

IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing:

THE SANCTUS & BENEDICTUS (*sung by the choir to the setting by Charles Wood, in the Phrygian mode*)

HOLY, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. Amen. + Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

¶ *Please sit or kneel*

THE PRAYER OF HUMBLE ACCESS

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

THE PRAYER OF CONSECRATION

ALMIGHTY God, our heavenly Father, who of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that by the power of the Holy Spirit, we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed + Body and Blood: Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying: *Take, eat, this is my Body, which is given for you; Do this in remembrance of me.* Likewise, after supper, he took the Cup; and, when he had given thanks, he gave it to them, saying: *Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.* Amen.

THE AGNUS DEI (*to the setting by Charles Wood, in the Phrygian mode*)

O LAMB of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God that takest away the sins of the world, grant us thy peace.

THE INVITATION TO COMMUNION

THE Body of our Lord Jesus Christ, which was given for thee, and the Blood of our Lord Jesus Christ which was shed for thee, preserve thy body and soul unto everlasting life: Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving. Amen.

THE COMMUNION ANTHEM

JS Bach *God liveth still*

God liveth still:
 Soul why takest thought of ill?
 God is good and God's compassion
 Never turns from earth away;
 His protecting hand will fashion
 Right from wrong, health from decay;

Though we see not how, from sorrow
 Blessing shapes He for the morrow.
 So my soul, think naught of ill:
 God is living, living still.

God liveth still:
 Sould why fearest aught of ill?
 Though thy cross be sore oppressing,
 To thy God direct they way;
 He will pour on thee His blessing,
 To thy feet be staff and stay;

For His truth endureth ever,
 His compassion faileth never;
 So my soul, think naught of ill:
 God is living, living still.

Communion Hymn *O Thou, who this mysterious bread* (words by Charles Wesley)

1. O Thou who this mysterious bread
 didst in Emmaus break,
 return, herewith our souls to feed
 and to thy followers speak.
2. Unseal the volume of thy grace,
 apply the gospel word;
 open our eyes to see thy face,
 our hearts to know the Lord.
3. Of thee communing still, we mourn
 till thou the veil remove;
 talk with us, and our hearts shall burn
 with flames of fervent love.
4. Enkindle now the heavenly zeal,
 and make thy mercy known,
 and give our pardoned souls to feel
 that God and love are one.

THE LORD'S PRAYER

OUR Father,
which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

THE PRAYER OF OBLATION

OLORD and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

THE BLESSING

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

¶ Please stand

THE ACCLAMATION

Christus vincit, Christus regnat, Christus, Christus imperat (repeated)
(Christ has conquered, Christ now rules, Christ now reigns supreme)

Recessional Hymn NEH 400 *Light of the minds*



1. Light of the minds that know him,
may Christ be light to mine!
My sun in risen splendor,
my light of truth divine;
my guide in doubt and darkness,
my true and living way,
my clear light ever shining,
my dawn of heaven's day.
2. Life of the souls that love him,
may Christ be ours indeed!
The living Bread from heaven
on whom our spirits feed;
who died for love of sinners
to bear our guilty load,
and make of life's journey
a new Emmaus road.
3. Strength of the wills that serve him,
may Christ be strength to me,
who stilled the storm and tempest,
who calmed the tossing sea;
his Spirit's power to move me,
his will to master mine,
his cross to carry daily
and conquer in his sign.
4. May it be ours to know him
that we may truly love,
and loving, fully serve him
as serve the saints above;
till in that home of glory
with fadeless splendour bright,
we serve in perfect freedom
our strength, our life, our light.

Closing Organ Voluntary
JS Bach *Prelude and Fugue in C*

Music for personal reflection
JS Bach *Cantata 6* *Bleib bei uns*

https://www.youtube.com/watch?v=YQtAvqH_A9k