

**ST BOTOLPH**  
C A M B R I D G E



**Mattins *with* Holy Communion  
For the Second Sunday in Lent  
28<sup>th</sup> February 2021 at 11.00am**

Celebrant  
**Fr Stephen Anderson**

Respondent (on behalf of the congregation): Dan Jones

Cantors: Will Lyon Tupman with Elisabeth Marksteiner, Barbara Tichel, Tim Brown,  
Clarke Brunt and Peter Patrick

Join Zoom Meeting

<https://us02web.zoom.us/j/84963817328?pwd=Z1gzYkZpaGxZVUJ0Z24zekx4bEtyQT09>

Meeting ID: 849 6381 7328

Passcode: BCP1928

Zoom Etiquette:

- 1) The ZOOM room will be open from 10.45am. Please join in good time, **unmuted**, and await admittance from the 'Waiting Room'. Ensure that you activate '**start video**'.
- 2) Once we begin, please **mute** your link to avoid background noise being transmitted to all, except for those passages where you are invited to unmute, and at the end of the service, so we can enjoy some social time together.
- 3) Congregational participation: please **unmute** for those parts of the services marked '**All**' in red. When speaking, please try to be fractionally ahead of Father Stephen, and please speak quietly. There is some inevitable chaos, given the time delays of ZOOM, but this is minimised if everyone is more or less muttering!

Organ music before the Service (at 10.58am)

**Marcel Dupré** *Jesu Redemptor Omnium* from *Le Tombeau de Titelouze Op.38*

<https://www.youtube.com/watch?v=UmFIFBmAH-I>

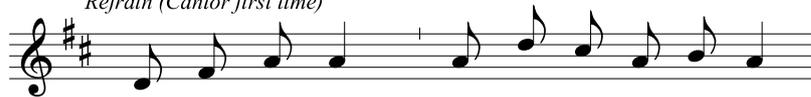
# WELCOME

## Fr Stephen

### THE INTROIT

#### NEH 507 *Lent Prose* (sung live by members of the choir)

*Refrain (Cantor first time)*



Hear us, O Lord, have mer - cy up - on us:



for we have sinn'd a - gainst thee.

*Cantor*



1. To thee, Re - deem - er, on thy throne of glo - ry:
2. O thou chief Cor - ner stone, Right Hand of the Fa - ther:
3. God, we im - plore thee, in thy glo - ry seat - ed:
4. Sins oft com - mit - ted now we lay be - fore thee:
5. In - no - cent cap - tive, ta - ken un - re - sist - ing:



lift we our weep - ing eyes in ho - ly plead - ings:  
Way of Sal - va - tion, Gate of life cel - es - tial:  
bow down and hear - ken to thy weep - ing child - ren:  
with true con - tri - tion now no more we veil them:  
false - ly ac - cused, for us sin - ners sen - tenc'd,



lis - ten O Je - su, to our sup - pli - ca - tions.  
cleanse thou our sin - ful souls from all de - file - ment.  
pi - ty and par - don all our grie - vous tres - pas - es.  
grant us, Re - deem - er, lov - ing ab - so - lu - tion.  
save us we pray thee, Je - su our Re - deem - er.

*The Refrain is repeated after every verse*

### THE VERSICLES AND RESPONSES (spoken)

O Lord, open thou our lips.

**Respondent:**

**And our mouth shall shew forth thy praise.**

O God, make speed to save us.

**R: O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost,

**R: As it was in the beginning, is now and ever shall be, world without end. Amen.**

Praise ye the Lord.

**R: The Lord's Name be praised.**

## THE VENITE

<https://www.youtube.com/watch?v=Q2KYFhk5-Hc>

**O** COME, let us sing unto the Lord : let us heartily rejoice in the strength of our salvation. Let us come before his presence with thanksgiving : and shew ourselves glad in him with Psalms. For the Lord is a great God : and a great King above all gods. In his hand are all the corners of the earth : and the strength of the hills is his also. The sea is his, and he made it : and his hands prepared the dry land. O come, let us worship and fall down : and kneel before the Lord our Maker. For he is the Lord our God : and we are the people of his pasture, and the sheep of his hand.



- f* O COME, let us 'sing unto the 'Lord : let us heartily rejoice in the 'strength of 'our sal'vation.
- 2 Let us come before his 'presence with 'thanksgiving : and shew our-selves 'glad in 'him with 'psalms.
- 3 For the Lord is a 'great 'God : and a great 'King above 'all 'gods.
- 4 In his hand are all the 'corners of the 'earth : and the strength of the 'hills is 'his 'also.
- 5 The sea is his and 'he 'made it : and his hands pre'pared the 'dry 'land.
- p* 6 O come, let us worship and 'fall 'down : and kneel be'fore the 'Lord our 'Maker.
- 7 For he is the 'Lord our 'God : and we are the people of his pasture, and the 'sheep of 'his 'hand.

## THE FIRST LESSON (read by Sarah Eastwood)

*The first lesson is written the seventeenth chapter of the Book of Genesis, beginning at the first verse.*

**A**ND when Abram was ninety years old and nine, the Lord appeared to Abram, and said unto him, I am the Almighty God; walk before me, and be thou perfect. And I will make my covenant between me and thee, and will multiply thee exceedingly. And Abram fell on his face: and God talked with him, saying, As for me, behold, my covenant is with thee, and thou shalt be a father of many nations. Neither shall thy name any more be called Abram, but thy name shall be Abraham; for a father of many nations have I made thee. And I will make thee exceeding fruitful, and I will make nations of thee, and kings shall come out of thee. And I will establish my covenant between me and thee and thy seed after thee in their generations for an everlasting covenant, to be a God unto thee, and to thy seed after thee. And God said unto Abraham, As for Sarai thy wife, thou shalt not call her name Sarai, but Sarah shall her name be. And I will bless her, and give thee a son also of her: yea, I will bless her, and she shall be a mother of nations; kings of people shall be of her.

*Here endeth the first lesson.*

*THE PSALM Psalm 22, vv.23–end*

**O** PRAISE the Lord, ye that fear him : magnify him, all ye of the seed of Jacob, and fear him, all ye seed of Israel; For he hath not despised, nor abhorred, the low estate of the poor : he hath not hid his face from him, but when he called unto him he heard him. My praise is of thee in the great congregation : my vows will I perform in the sight of them that fear him. The poor shall eat and be satisfied : they that seek after the Lord shall praise him; your heart shall live for ever. All the ends of the world shall remember themselves, and be turned unto the Lord : and all the kindreds of the nations shall worship before him. For the kingdom is the Lord's : and he is the Governor among the people. All such as be fat upon earth : have eaten and worshipped. All they that go down into the dust shall kneel before him : and no man hath quickened his own soul. My seed shall serve him : they shall be counted unto the Lord for a generation. They shall come, and the heavens shall declare his righteousness : unto a people that shall be born, whom the Lord hath made. Glory be to the Father, and to the Son, and to the Holy Ghost, as it was in the beginning is now and ever shall be, world without end. Amen.

23. O praise the Lord, ye that fear him: magni-fy him, all ye of  
the seed of Jacob, and fear him, all ye seed of Is-rael. 24. For he hath not  
despised, nor abhorred, the low estate of the poor: he hath not hid his face  
from him, but when he called unto him he heard him. 25. My praise is of thee  
in the great congregation: my vows will I perform in the sight of them that  
fear him. 26. The poor shall eat and be satisfied: they that seek after the Lord  
shall praise him; your heart shall live for ev-er. 27. All the ends of the world  
shall remember themselves, and be turned unto the Lord: and all the kindreds  
of the nations shall worship before him. 28. For the kingdom is the Lord's:  
and he is the Governor among the people. 29. All such as be fat upon earth:  
have eaten and worshipped. 30. All they that go down into the dust shall kneel  
before him: and no man hath quickened his own soul. 31. My seed shall serve  
him: they shall be counted unto the Lord for a generation. 32. They shall come,  
and the heavens shall declare his righteousness: unto a people that shall be  
born, whom the Lord hath made. Glory be to the Father, and to the Son:  
and to the Holy Ghost; As it was in the beginning, is now, and ev-er shall  
be: world without end. Amen

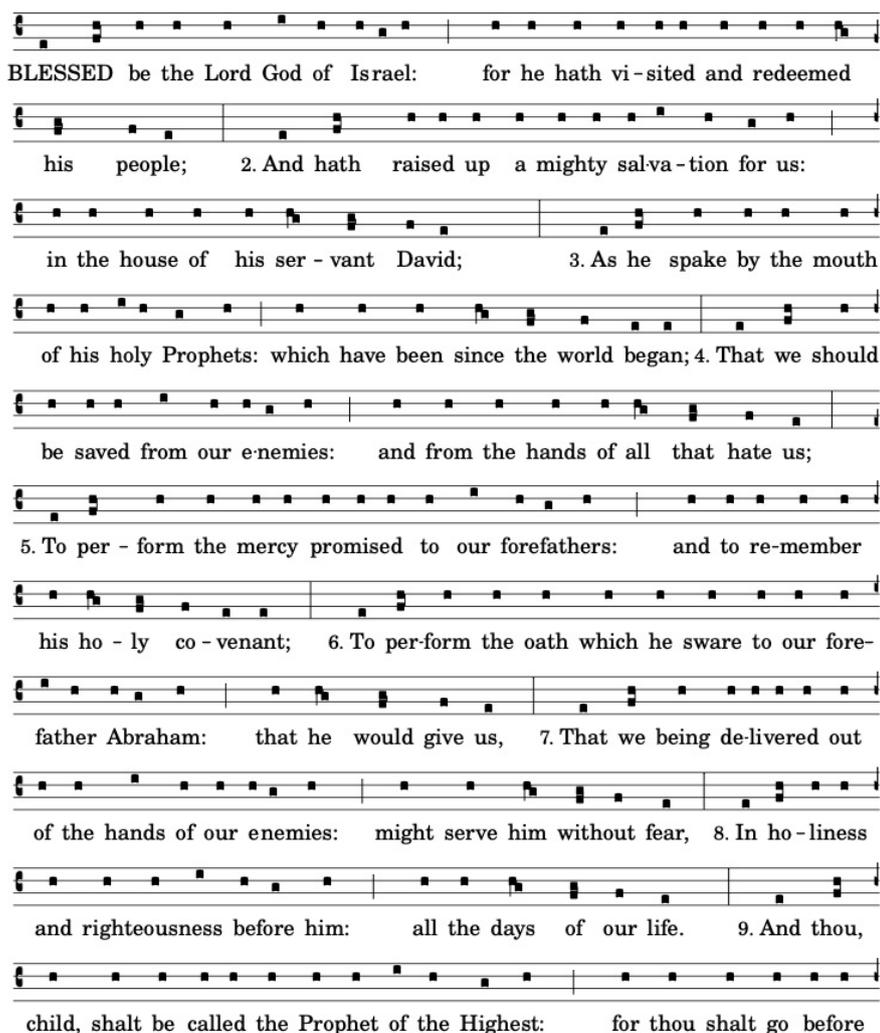
## THE SECOND LESSON (read by Anna Davanzo)

*The second lesson is written in the eighth chapter of the Gospel according to St Mark, beginning at the thirty-first verse.*

**A**ND he began to teach them, that the Son of man must suffer many things, and be rejected of the elders, and of the chief priests, and scribes, and be killed, and after three days rise again. And he spake that saying openly. And Peter took him, and began to rebuke him. But when he had turned about and looked on his disciples, he rebuked Peter, saying, Get thee behind me, Satan: for thou savourest not the things that be of God, but the things that be of men. And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me. For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it. For what shall it profit a man, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul? Whosoever therefore shall be ashamed of me and of my words in this adulterous and sinful generation; of him also shall the Son of man be ashamed, when he cometh in the glory of his Father with the holy angels.

*Here endeth the Second Lesson.*

## THE BENEDICTUS



BLESSED be the Lord God of Israel: for he hath vi-sited and redeemed  
his people; 2. And hath raised up a mighty sal-va-tion for us:  
in the house of his ser- vant David; 3. As he spake by the mouth  
of his holy Prophets: which have been since the world began; 4. That we should  
be saved from our e-nemies: and from the hands of all that hate us;  
5. To per- form the mercy promised to our forefathers: and to re-mem-ber  
his ho- ly co- venant; 6. To per-form the oath which he sware to our fore-  
father Abraham: that he would give us, 7. That we being de-livered out  
of the hands of our enemies: might serve him without fear, 8. In ho- liness  
and righteousness before him: all the days of our life. 9. And thou,  
child, shalt be called the Prophet of the Highest: for thou shalt go before

the face of the Lord to pre - pare his ways; 10. To give knowledge of salvation  
un - to his people: for the re - mission of their sins;

11. Through the tender mercy of our God: whereby the day- spring from on high  
hath vi - sit - ed us; 12. To give light to them that sit in darkness,  
and in the shadow of death: and to guide our feet into the way of peace.

Glo - ry be to the Father, and to the Son: and to the Holy Ghost;

As it was in the be - ginning, is now, and e - ver shall be: world  
without end. Amen.

## THE APOSTLE'S CREED

I BELIEVE in God

¶ *All:*

**the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

¶ *Please mute*

## THE PRAYERS

### The Collect for the Day

**A**Lmighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

¶ *Respondent:*  
**Amen.**

### **The Collect for Ash Wednesday**

**A**LMIGHTY and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

¶ **Respondent:**  
**Amen.**

**O**LORD, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord.

¶ **Respondent:**  
**Amen.**

**O**GOD, the Creator and Preserver of all, we humbly beseech thee for all sorts and conditions of thy people; that thou wouldest be pleased to make thy ways known unto them, thy saving health unto all nations. More especially, we pray for the good estate of thy Holy Church: that it may be so guided and governed by thy good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. We commend to thy fatherly goodness all those, who are any ways afflicted, or distressed, in mind, body or estate; especially those for whom our prayers are desired: Vivienne Lake (Priest), Martin Seekings, Dianne Fraser, Tim Wheatley and Janet and Chris Nevitt; that it may please Thee to comfort and relieve them, according to their several necessities, giving them patience under their sufferings, and a happy issue out of their afflictions. All this we beg for Jesus Christ his sake.

¶ **Respondent:**  
**Amen.**

**O**LORD Jesus Christ, who hast given thy life to redeem us, Thyself for our example, Thy word for our rule, Thy grace for our guide, Thy body on the cross for the sin of our souls; Enter in and take possession of our hearts; and dwell with us for ever.

¶ **Respondent:**  
**Amen.**

### ***THE SERMON***

Preacher – Revd Dr Jonathan Holmes

*Fellow and former Dean of Chapel, Queens' College*

**Offertory Hymn NEH 76 *Take up thy cross***

<https://www.youtube.com/watch?v=t5xlxaesqQg>



- |   |   |
|---|---|
| <p>1 Take up thy cross, the Saviour said,<br/>If thou wouldst my disciple be;<br/>Deny thyself, the world forsake,<br/>And humbly follow after me.</p> <p>2 Take up thy cross; let not its weight<br/>Fill thy weak spirit with alarm;<br/>His strength shall bear thy spirit up,<br/>And brace thy heart, and nerve thine arm.</p> <p>3 Take up thy cross, nor heed the shame,<br/>Nor let thy foolish pride rebel;<br/>The Lord for thee the Cross endured,<br/>To save thy soul from death and hell.</p> | <p>4 Take up thy cross then in his strength,<br/>And calmly every danger brave;<br/>'Twill guide thee to a better home,<br/>And lead to victory o'er the grave.</p> <p>5 Take up thy cross, and follow Christ,<br/>Nor think till death to lay it down;<br/>For only he who bears the cross<br/>May hope to wear the glorious crown.</p> <p>6 To thee, great Lord, the One in Three,<br/>All praise for evermore ascend;<br/>O grant us in our home to see<br/>The heavenly life that knows no end.</p> |
|---|---|

### ***THE INVITATION TO CONFESSION***

**Y**E that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

¶ *Please unmute*

### ***THE CONFESSION***

ALMIGHTY God,

¶ ***ALL:***

**Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy**

**upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

¶ *Please mute*

### **THE ABSOLUTION**

**A**Lmighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; + pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to life eternal; through Jesus Christ our Lord.

¶ **Respondent:**

**Amen**

### **THE SURSUM CORDA**

THE Lord be with you.

¶ **Respondent:**

**And with thy spirit.**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing:

<https://youtu.be/vMGTvek8otI>

*(sung by members of the choir to the setting in the Phrygian Mode by Charles Wood)*

**H**OLY, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. + Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

¶ *Please unmute*

### **THE PRAYER OF HUMBLE ACCESS**

WE do not presume

¶ **All:**

**to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

¶ *Please mute*

### **THE PRAYER OF CONSECRATION**

**A**Lmighty God, our heavenly Father, who of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that by the power of the Holy Spirit, we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed + Body and Blood: Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying: *Take, eat, this is my Body, which is given for you; Do this in remembrance of me.* + Likewise, after supper, he took the Cup; and, when he had given thanks, he gave it to them, saying: *Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.*

¶ **Respondent:**  
**Amen**

**THE AGNUS DEI** (*sung by members of the choir*)

[https://www.youtube.com/watch?v=9tcWmUs3G\\_g&feature=youtu.be](https://www.youtube.com/watch?v=9tcWmUs3G_g&feature=youtu.be)

**O**LAMB of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God that takest away the sins of the world, grant us thy peace.

### **THE ACT OF SPIRITUAL COMMUNION**

*The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. We make our Spiritual Communion saying these prayers.*

**C**OME Lord Jesus, dwell in us and send your Holy Spirit that we may be filled with your presence.

¶ **Respondent:**  
**Amen.**

**M**OST loving God, we heartedly thank thee that in the holy mystery of this sacrament thou dost refresh and strengthen us with the Body and Blood of thy dear Son, our Saviour Jesus Christ. Although we cannot now receive Him in His outward forms of bread and wine, we desire to receive Him spiritually into our hearts and be united with Him and the whole company of heaven, who livest and reigneth one God, world without end.

¶ **Respondent:**  
**Amen.**

**F**OR the beauty of this worship, for the presence of Christ, for the memorial of his passion, for communion with thy saints, for this heavenly food, for Christ in us the hope of glory, we praise and bless thy holy name; beseeching thee that we may so reverently treasure and so diligently use the grace of each communion, that we may grow in the knowledge and love of thee, and of thy Son, Jesus Christ our Lord.

¶ **Respondent:**

**Amen.**

### **THE COMMUNION ANTHEM**

**Thomas Tallis** *Salvator Mundi*

<https://www.youtube.com/watch?v=AjpnnWn07Ek>

*Salvator mundi, salva nos, qui per crucem et sanguinem redemisti nos. Auxiliare nobis, te deprecamur, Deus noster.*

Saviour of the world, save us, thou who by thy cross and blood hast redeemed us.

Come to our rescue, we beseech thee, our God.

¶ *Please unmute*

### **THE LORD'S PRAYER**

OUR Father,

¶ **ALL:**

**which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

¶ *Please mute*

### **THE PRAYER OF OBLATION**

**O**LORD and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

¶ **Respondent:**

**Amen**

### **THE BLESSING**

**T**HE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

¶ **Respondent:**

**Amen.**

## Recessional Hymn NEH 376 *I heard the voice of Jesus say*

[https://www.youtube.com/watch?v=Q\\_UvhmqTSGk](https://www.youtube.com/watch?v=Q_UvhmqTSGk)



- I HEARD the voice of Jesus say,  
'Come unto me and rest;  
Lay down, thou weary one, lay down  
Thy head upon my breast.'  
I came to Jesus as I was,  
Weary, and worn, and sad;  
I found in him a resting-place,  
And he has made me glad.
- 2 I heard the voice of Jesus say,  
'Behold, I freely give  
The living water, thirsty one;  
Stoop down, and drink, and live:  
I came to Jesus, and I drank  
Of that life-giving stream;  
My thirst was quenched, my soul revived,  
And now I live in him.
- 3 I heard the voice of Jesus say,  
'I am this dark world's Light;  
Look unto me, thy morn shall rise,  
And all thy day be bright.'  
I looked to Jesus, and I found  
In him my Star, my Sun;  
And in that light of life I'll walk  
Till travelling days are done.

🔊 **Please unmute if you would like to join a post-service conversation**

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### Music for private reflection

John Blow *Salvator mundi*

<https://www.youtube.com/watch?v=gY1Gtb7hi00>

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