

**ST BOTOLPH**  
C A M B R I D G E



Duccio di Buoninsegna *The Temptation of Christ on the Mountain* (c. 1308–1311)

**SUNG EUCHARIST**  
**For the First Sunday in Lent**  
**Sunday 21st February 2021 at 11.00 am**

Celebrant  
**Fr Stephen Anderson**

Join Zoom Meeting  
<https://us02web.zoom.us/j/84963817328?pwd=Z1gzYkZpaGxZVUJ0Z24zekx4bEtyQT09>  
Meeting ID: 849 6381 7328  
Passcode: BCP1928

Respondent (on behalf of the congregation): Peter Patrick

The Cantors are Tim Brown, Marion Cobby, Elisabeth Marksteiner and Miranda Zwalf

Zoom Etiquette:

- 1) The ZOOM room will be open from 10.45am. Please join in good time, **unmuted**, and await admittance from the 'Waiting Room'. Ensure that you activate '**start video**'.
- 2) Once we begin, please **mute** your link to avoid background noise being transmitted to all, except for those passages where you are invited to unmute, and at the end of the service, so we can enjoy some social time together.
- 3) Congregational participation: please **unmute** for those parts of the services marked '**All**' in red. When speaking, please speak softly and try to be fractionally ahead of Father Stephen.

**Organ music before the service** (live at 10.55)

**JS Bach** *Aus tiefer Not schrei ich zu dir BWV 687*

<https://www.youtube.com/watch?v=EyMtEgtwkEo>

## WELCOME – Fr Stephen

### ***THE INTROIT PROPER***

**H**E shall call upon me, and I will hearken unto him; I will deliver him, and bring him to Honour: with length of days will I satisfy him. *Ps.* Whoso dwelleth unto the defence of the Most High: shall abide under the shadow of the Almighty.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

He shall call . . .

### ***THE LORD'S PRAYER***

**O**UR Father, which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil.

¶ ***Respondent:***  
***Amen.***

### ***THE COLLECT FOR PURITY***

**A**Lmighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

¶ ***Respondent:***  
***Amen.***

### ***THE SUMMARY OF THE LAW***

**O**UR Lord Jesus Christ said: Hear, O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself. There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

***THE KYRIES*** (*from the setting Missa de Angelis, recorded by members of the choir*)  
*Kyrie Eleison, Christe Eleison, Kyrie Eleison.*

Lord, have mercy upon us, Christ have mercy upon us, Lord have mercy upon us.

Let us pray.

### ***THE COLLECT FOR THE SOVEREIGN***

**A**Lmighty God, whose kingdom is everlasting, and power infinite: Have mercy upon the whole Church; and so rule the heart of thy chosen servant ELIZABETH, our Queen and Governor, that she (knowing whose minister she is) may above all things seek thy honour and glory: and that we, and all her subjects (duly considering whose authority she hath) may faithfully serve, honour, and humbly obey her, in thee, and for thee, according to thy blessed Word and ordinance; through Jesus Christ our Lord, who with thee and the Holy Ghost liveth and reigneth, ever one God, world without end.

¶ ***Respondent:***  
***Amen.***

### **THE COLLECT OF THE DAY**

**O**LORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

¶ **Respondent:**  
**Amen.**

**A**Lmighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

¶ **Respondent:**  
**Amen.**

### **THE EPISTLE** (*read by Tanja Brown*)

*The Epistle is written in the sixth chapter of the second letter of St Paul to the Corinthians, beginning at the first verse.*

**W**E then, as workers together with him, beseech you also, that ye receive not the grace of God in vain; (for he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed; but in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Ghost, by love unfeigned, by the word of truth, by the power of God; by the armour of righteousness on the right hand and on the left; by honour and dishonour, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and behold, we live; as chastened, and not killed; as sorrowful, yet alway rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

*Here endeth the Epistle.*

### **THE GRADUAL**

**H**E shall give his Angels charge over thee: to keep thee in all thy ways. *V.* They shall bear thee in their hands: that thou hurt not thy foot against a stone.

### **TRACT – Psalm 91**

**W**HOSO dwelleth under the defence of the most High : shall abide under the shadow of the Almighty. I will say unto the Lord, Thou art my hope, and my strong hold : my God, in him will I trust. For he shall deliver thee from the snare of the hunter : and from the noisome pestilence. He shall defend thee under his wings, and thou shalt be safe under his feathers : his faithfulness and truth shall be thy shield and buckler. Thou shalt not be afraid for any terror by night: nor for the arrow that flieth by day; For the pestilence that walketh in darkness : nor for the sickness that destroyeth in the noon-day. A thousand shall fall beside thee, and ten thousand at thy right hand : but it shall not come nigh thee. Yea, with thine eyes shalt thou behold : and see the reward of the ungodly. For thou, Lord, art my hope: thou hast set thine house of defence very high. There shall no evil happen unto thee : neither shall any plague come nigh thy dwelling. For he shall give his angels charge over

thee : to keep thee in all thy ways. They shall bear thee in their hands : that thou hurt not thy foot against a stone. Thou shalt go upon the lion and adder : the young lion and the dragon shalt thou tread under thy feet. Because he hath set his love upon me, therefore will I deliver him : I will set him up, because he hath known my Name. He shall call upon me, and I will hear him : yea, I am with him in trouble; I will deliver him, and bring him to honour. With long life will I satisfy him : and shew him my salvation.

### **THE GOSPEL**

*The Holy Gospel is written in the fourth chapter of the Gospel according to St Matthew, beginning at the first verse.*

¶ **Respondent:**  
**Glory be to thee, O Lord.**

**T**HEN was Jesus led up of the Spirit into the wilderness, to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an-hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down; for it is written, He shall give his angels charge concerning thee, and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan; for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. Then the devil leaveth him, and behold, angels came and ministered unto him.

¶ **Respondent:**  
**Praise be to thee, O Christ.**

### **THE NICENE CREED**

*(sung by the choir to the Merbecke setting – The Book of Common Prayer Noted)*

<https://youtu.be/dvoQ9hoWZiQ>

**I**BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the life of the world to come. Amen.

**THE SERMON – Ben O'Neil**  
*Assistant Chaplain, Stamford School*

**THE OFFERTORY PROPER**

**H**E shall defend thee under the shadow of thy wings, and thou shalt be safe under his feathers: his faithfulness and truth shall be thy shield and buckler.

**Offertory Hymn NEH 67 Forty days and forty nights**

<https://www.youtube.com/watch?v=nWEYJHxkNfc>



- |   |   |
|---|---|
| <p><b>FORTY</b> days and forty nights<br/>Thou wast fasting in the wild,<br/>Forty days and forty nights<br/>Tempted and yet undefiled.</p> <p>2 Sunbeams scorching all the day,<br/>Chilly dewdrops nightly shed,<br/>Prowling beasts about thy way,<br/>Stones thy pillow, earth thy bed.</p> <p>3 Let us thine endurance share,<br/>And awhile from joys abstain,<br/>With thee watching unto prayer,<br/>Strong with thee to suffer pain.</p> | <p>4 And if Satan, vexing sore,<br/>Flesh or spirit should assail,<br/>Thou, his vanquisher before,<br/>Grant we may not faint nor fail.</p> <p>5 So shall we have peace divine,<br/>Holier gladness ours shall be,<br/>Round us too shall angels shine,<br/>Such as ministered to thee.</p> <p>6 Keep, O keep us, Saviour dear,<br/>Ever constant by thy side,<br/>That with thee we may appear<br/>At the eternal Eastertide.</p> |
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**THE INTENTIONS**

. . . And so let us pray for the whole state of Christ's Church militant here on earth:

**THE PRAYER FOR THE CHURCH MILITANT**

**A**Lmighty and ever living God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks for all men; We humbly beseech thee most mercifully to accept our oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to save and defend all Christian kings, princes and governors; and specially thy servant Elizabeth our Queen; that under her we may be godly and quietly governed: and grant unto her whole council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and Curates, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy People give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succour all them who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

¶ **Respondent:**  
**Amen.**

### ***THE INVITATION TO CONFESSION***

**Y**E that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

¶ *Please unmute*

### ***THE CONFESSION***

ALMIGHTY God,

¶ **All:**

**Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

¶ *Please mute*

### ***THE ABSOLUTION***

**A**LMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; + pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to life eternal; through Jesus Christ our Lord.

¶ **Respondent:**  
**Amen.**

### **THE COMFORTABLE WORDS**

**H**EAR what comfortable words our Saviour Christ saith unto all that truly turn to him. *Come unto me all that travail and are heavy laden, and I will refresh you. So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.* Hear also what Saint Paul saith. *This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.* Hear also what Saint John saith. *If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.*

### **THE SURSUM CORDA**

THE Lord be with you.

¶ **Respondent:**

**And with thy spirit.**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

**I**T is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing:

<https://youtu.be/vMGTVek8otI>

*(sung by the Choir to the setting in the Phrygian Mode by Wood)*

**H**OLY, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

¶ *Please unmute*

### **THE PRAYER OF HUMBLE ACCESS**

WE do not presume

¶ **All:**

**to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

¶ *Please mute*

### **THE PRAYER OF CONSECRATION**

**A**LMIGHTY God, our heavenly Father, who of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that by the power of the Holy



Spirit, we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed + Body and Blood: Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying: *Take, eat, this is my Body, which is given for you; Do this in remembrance of me.* Likewise, after supper, he took the Cup; and, when he had given thanks, he gave it to them, saying: *Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.*

¶ **Respondent:**  
**Amen.**

### **THE AGNUS DEI**

[https://www.youtube.com/watch?v=9tcWmUs3G\\_g&feature=youtu.be](https://www.youtube.com/watch?v=9tcWmUs3G_g&feature=youtu.be)

**O** LAMB of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God that takest away the sins of the world, grant us thy peace.

### **THE COMMUNION PROPER**

**W**HOSO drinketh of the water that I shall give him, saith the Lord: it shall be in him a well of water springing up unto life eternal.

### **THE ACT OF SPIRITUAL COMMUNION**

*The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. We make our Spiritual Communion saying these prayers.*

**C**OME Lord Jesus, dwell in us and send your Holy Spirit that we may be filled with your presence.

¶ **Respondent:**  
**Amen.**

**M**OST loving God, we heartedly thank thee that in the holy mystery of this sacrament Thou dost refresh and strengthen us with the Body and Blood of thy dear Son, our Saviour Jesus Christ. Although we cannot now receive Him in His outward forms of bread and wine, we desire to receive Him spiritually into our hearts and be united with Him and the whole company of heaven, who livest and reigneth one God, world without end.

¶ **Respondent:**  
**Amen.**

**F**OR the beauty of this worship, for the presence of Christ, for the memorial of his passion, for communion with thy saints, for this heavenly food, for Christ in us the hope of glory, we praise and bless thy holy name; beseeching thee that we may so reverently treasure and so diligently use the grace of each communion, that we may grow in the knowledge and love of thee, and of thy Son, Jesus Christ our Lord.

¶ **Respondent:**

**Amen.**

### ***THE COMMUNION ANTHEM***

**Felix Mendelssohn** *For He Shall Give His Angels charge over thee*  
(from *Elijah*)

<https://www.youtube.com/watch?v=FgWIZyhVVAQ>

For He shall give His angels charge over thee; that they shall protect thee in all the ways thou goest; that their hands shall uphold and guide thee, lest thou dash thy foot against a stone.

¶ *Please unmute*

### ***THE LORD'S PRAYER***

OUR Father,

**All:**

**which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

¶ *Please mute*

### ***THE PRAYER OF OBLATION***

**O**LORD and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

¶ **Respondent:**

**Amen.**

### ***THE BLESSING***

**T**HE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

¶ **Respondent:**

**Amen.**

Recessional Hymn NEH 383 *Jesu, Lover of my soul*

<https://www.youtube.com/watch?v=XFaiiPv-Q6I>

The image shows a musical score for the hymn 'Jesu, Lover of my soul'. It consists of four systems of music, each with a treble and bass staff. The key signature is one sharp (F#), and the time signature is common time (C). The music is written in a style typical of 18th-century hymn tunes, with a focus on harmonic support for the lyrics.

JESU, Lover of my soul,  
Let me to thy bosom fly,  
While the nearer waters roll,  
While the tempest still is high:  
Hide me, O my Saviour, hide  
Till the storm of life is past;  
Safe into the haven guide,  
O receive my soul at last.

Other refuge have I none,  
Hangs my helpless soul on thee;  
Leave, ah, leave me not alone,  
Still support and comfort me.  
All my trust on thee is stayed,  
All my help from thee I bring;  
Cover my defenceless head  
With the shadow of thy wing.

Plenteous grace with thee is found,  
Grace to cover all my sin;  
Let the healing streams abound,  
Make and keep me pure within.  
Thou of life the fountain art,  
Freely let me take of thee,  
Spring thou up within my heart,  
Rise to all eternity.

¶ *Please unmute if you would like to join a post-service conversation*

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**Music for private reflection**

**JS Bach** Cantata *Aus der Tiefen rufe ich, Herr, zu dir* BWV 131

<https://www.youtube.com/watch?v=vUofsCL0310>