

A Commination with Holy Communion



Wednesday 17th February 2021 at 6pm ASH WEDNESDAY

Celebrant Fr Stephen Anderson Respondent (on behalf of the congregation): Jenny Josselyn

Cantors: Marion Cobby and Graham Day

Join Zoom Meeting https://us02web.zoom.us/j/89694782377?pwd=L11XL31CbkhxQ1RNd0VUamd0Qm5zZz09

> Meeting ID: 896 9478 2377 Passcode: BCP1928

> > Zoom Etiquette:

- 1) The ZOOM room will be open from 5.45pm. Please join in good time, **unmuted**, and await admittance from the 'Waiting Room'. Ensure that you activate '**start video**'.
- 2) Once we begin, please **mute** your link to avoid background noise being transmitted to all, except for those passages where you are invited to unmute, and at the end of the service, so we can enjoy some social time together.
- 3) Congregational participation: please unmute for those parts of the services marked 'All' in red. When speaking, please try to be fractionally ahead of Father Stephen!

Organ music before the service (at 5.54pm) **Bach** O Mensch, bewein' dein' Sünde Groß BWV 622 (J.S. Bach) <u>https://www.youtube.com/watch?v=e8hNPZDTEE0</u> Played by Glen Dempsey on the organ of Ely Cathedral

WELCOME – Fr Stephen

A Commination

PSALM 51

sung to the setting by **Gregorio Allegri**: *Miserere mei, Deus* <u>https://www.youtube.com/watch?v=fcWo1hKHu40</u>

Miserere mei, Deus, secundum magnam misericordiam tuam; et secundum multitudinem	Have mercy upon me, O God, after thy great goodness: according to the multitude of thy maniae do every mine offences
miserationum tuarum, dele iniquitatem meam. Amplius lava me ab iniquitate mea: et a peccato meo munda me.	mercies do away mine offences. Wash me throughly from my wickedness: and cleanse me from my sin.
Quoniam iniquitatem meam ego cognosco, et peccatum meum contra me est semper.	For I acknowledge my faults: and my sin is ever before me.
Tibi soli peccavi, et malum coram te feci; ut justificeris in sermonibus tuis, et vincas cum judicaris.	Against thee only have I sinned, and done this evil in thy sight: that thou mightest be justified in thy saying, and clear when thou art judged.
<i>Ecce enim in iniquitatibus conceptus sum: et in peccatis concepit me mater mea.</i>	Behold, I was shapen in wickedness: and in sin hath my mother conceived me.
Ecce enim veritatem dilexisti; incerta et occulta sapientiae tuae manifestasti mihi.	But lo, thou requirest truth in the inward parts: and shalt make me to understand wisdom secretly.
Asperges me hyssopo, et mundabor; lavabis me, et super nivem dealbabor.	Thou shalt purge me with hyssop, and I shall be clean: thou shalt wash me, and I shall be whiter than snow.
Auditui meo dabis gaudium et laetitiam: et exsultabunt ossa humiliata.	Thou shalt make me hear of joy and gladness: that the bones which thou hast broken may rejoice.
Averte faciem tuam a peccatis meis, et omnes iniquitates meas dele.	Turn thy face from my sins: and put out all my misdeeds.
Cor mundum crea in me, Deus, et spiritum rectum innova in visceribus meis.	Make me a clean heart, O God: and renew a right spirit within me.
<i>Ne projicias me a facie tua, et spiritum sanctum tuum ne auferas a me.</i>	Cast me not away from thy presence: and take not thy holy Spirit from me.
Redde mihi laetitiam salutaris tui, et spiritu principali confirma me.	
Docebo iniquos vias tuas, et impii ad te convertentur.	Then shall I teach thy ways unto the wicked: and sinners shall be converted unto thee.
Libera me de sanguinibus, Deus, Deus salutis meae, et exsultabit lingua mea justitiam tuam.	Deliver me from blood-guiltiness, O God, thou that art the God of my health: and my tongue shall sing of thy righteousness.
Domine, labia mea aperies, et os meum annuntiabit laudem tuam.	Thou shalt open my lips, O Lord: and my mouth shall shew thy praise.
Quoniam si voluisses sacrificium, dedissem utique; holocaustis non delectaberis.	For thou desirest no sacrifice, else would I give it thee: but thou delightest not in burnt-offerings. The sacrifice of God is a troubled spirit: a
Sacrificium Deo spiritus contribulatus; cor contritum et humiliatum, Deus, non despicies.	broken and contrite heart, O God, shalt thou not despise.
Benigne fac, Domine, in bona voluntate tua Sion, ut aedificentur muri Jerusalem.	O be favourable and gracious unto Sion: build thou the walls of Jerusalem.
<i>Tunc acceptabis sacrificium</i> <i>justitiae, oblationes et holocausta;</i> <i>tunc imponent super altare tuum</i> <i>vitulos.</i>	Then shalt thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations: then shall they offer young bullocks upon thine altar.

THE KYRIES (from the setting Missa de Angelis, recorded by members of the choir for this service)

Kyrie Eleison, Christe Eleison, Kyrie Eleison.

Lord, have mercy upon us, Christ have mercy upon us, Lord have mercy upon us.

THE LORD'S PRAYER UR Father,

¶ ALL:

which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

THE VERSICLES AND RESPONSES

O Lord, save thy servants;

Respondent:

That put their trust in thee.

Send unto them help from above.

And evermore mightily defend them.

Help us, O God our Saviour.

And for the glory of thy Name deliver us; be merciful unto us sinners, for thy Name's sake.

O Lord, hear our prayer.

And let our cry come unto thee.

Let us pray.

THE PETITION

TURN thou us, O good Lord,

Respondent:

and so shall we be turned. Be favourable, O Lord, Be favourable to thy people, Who turn to thee in weeping, fasting, and praying. For thou art a merciful God, Full of compassion, long-suffering, and of great pity. Thou sparest when we deserve punishment, And in thy wrath thinkest upon mercy. Spare thy people, good Lord, Spare them, and let not thine heritage be brought to confusion. Hear us, O Lord, for thy mercy is great, And after the multitude of thy mercies look upon us; Through the merits and mediation of thy blessed Son, Jesus Christ our Lord. Amen.

THE COLLECT OF THE DAY

A LMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

¶ Respondent:

Amen

THE EPISTLE (read by Elisbaeth Marksteiner)

The portion of scripture appointed for the Epistle is written in the second chapter of the book of the prophet Joel, beginning at the twelth verse.

URN ye even to me, saith the Lord, with all your heart, and with fasting, and with L weeping, and with mourning. And rend your heart, and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil. Who knoweth if he will return, and repent, and leave a blessing behind him, even a meat-offering and a drink-offering unto the Lord your God? Blow the trumpet in Zion, sanctify a fast, call a solemn assembly, gather the people, sanctify the congregation, assemble the elders, gather the children, and those that suck the breasts; let the bridegroom go forth of his chamber, and the bride out of her closet; let the priests, the ministers of the Lord, weep between the porch and the altar, and let them say, Spare thy people, O Lord, and give not thine heritage to reproach, that the heathen should rule over them: wherefore should they say among the people, Where is their God?

Here endeth the reading.

THE GRADUAL

D E merciful unto me, O God, be merciful unto me: for my soul trusteth in thee. He shall send from heaven and save me from the reproof of him that would eat me up.

THE TRACT

LORD, deal not with us after our sins: nor reward us according to our wickednesses. O Lord, remember not our old sins, but have mercy upon us, and that soon: for we are come to great misery. Help us, O God of oursalvation, for the glory of thy Name, O Lord: O deliver us and be merciful unto our sins, for thy Name's sake.

THE GOSPEL

The Holy Gospel is written in the sixth chapter of the Gospel according to St Matthew, beginning at the sixteenth second verse.

Respondent:

Glory be to thee, O Lord.

VHEN ye fast, be not as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face, that thou appear not unto men to fast, but unto thy Father which is in secret; and thy Father, which seeth in secret, shall reward thee openly. Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: but lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: for where your treasure is, there will your heart be also.

Respondent:

Praise be to thee, O Christ.

THE NICENE CREED

(sung by the choir to the Merbecke setting – The Book of Common Prayer Noted) https://youtu.be/dvoQ9hoWZiQ

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the life of the world to come. Amen.

THE SERMON

Revd Dr Hannah Cleugh, Senior Chaplain to the Bishop of Ely

THE OFFERTORY PROPER

WILL magnify thee, O Lord, for thou hast set me up, and not made my foes to triumph over me: O Lord my God, I cried unto thee, and thou hast healed me.



- My God, I love thee; not because I hope for heaven thereby, Nor yet because who love thee not Are lost eternally.
- 2 Thou, O my Jesus, thou didst me Upon the Cross embrace;For me didst bear the nails and spear, And manifold disgrace,
- 3 And griefs and torments numberless, And sweat of agony;E'en death itself; and all for one That was thine enemy.

- 4 Then why, O blessèd Jesu Christ, Should I not love thee well, Not for the hope of winning heaven, Or of escaping hell;
- 5 Not with the hope of gaining aught, Not seeking a reward; But as thyself hast lovèd me, O ever-loving Lord!
- 6 E'en so I love thee, and will love, And in thy praise will sing, Solely because thou art my God, And my eternal King.

THE INTENTIONS

... And so let us pray for the whole state of Christ's Church militant here on earth:

THE PRAYER FOR THE CHURCH MILITANT

ALMIGHTY and ever living God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks for all men; We humbly beseech thee most mercifully to accept our oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to save and defend all Christian kings, princes and governors; and specially thy servant Elizabeth our Queen; that under her we may be godly and quietly governed: and grant unto her whole council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and Curates, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy People give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succour all them who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

¶ Respondent: Amen.

THE INVITATION TO CONFESSION

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

¶ Please unmute

THE CONFESSION ALMIGHTY God,

¶ All:

Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

¶ Please mute

THE ABSOLUTION

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; + pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to life eternal; through Jesus Christ our Lord.

¶ All:

Amen.

THE SURSUM CORDA
THE Lord be with you. *Respondent:*And with thy spirit.
Lift up your hearts.
We lift them up unto the Lord.
Let us give thanks unto our Lord God.
It is most and right as to do.

It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing:

https://youtu.be/vMGTVek8otI

(sung by the Choir to the setting in the Phrygian Mode by Wood)

HOLY, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to the the context of the lord most High. + Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

¶ Please unmute

THE PRAYER OF HUMBLE ACCESS

WE do not presume

¶ All:

to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

¶ Please mute

THE PRAYER OF CONSECRATION

A LMIGHTY God, our heavenly Father, who of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that by the power of the Holy Spirit, we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed + Body and Blood: Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying: *Take, eat, this is my Body, which is given for you; Do this in remembrance of me.* Likewise, after supper, he took the Cup; and, when he had given thanks, he gave it to them, saying: *Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.*

Respondent:

Amen.

THE AGNUS DEI

https://www.youtube.com/watch?v=9tcWmUs3G_g&feature=youtu.be

O LAMB of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God that takest away the sins of the world, grant us thy peace.

THE COMMUNION PROPER

HE who doth meditate on the law of the Lord day and night: will bring forth his fruit in due season.

THE ACT OF SPIRITUAL COMMUNION

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. We make our Spiritual Communion saying these prayers.

COME Lord Jesus, dwell in us and send your Holy Spirit that we may be filled with your presence.

¶ Respondent: Amen.

MOST loving God, we heartedly thank thee that in the holy mystery of this sacrament thou dost refresh and strengthen us with the Body and Blood of thy dear Son, our Saviour Jesus Christ. Although we cannot now receive Him in His outward forms of bread and wine, we desire to receive Him spiritually into our hearts and be united with Him and the whole company of heaven, who livest and reigneth one God, world without end.

Respondent: Amen.

FOR the beauty of this worship, for the presence of Christ, for the memorial of his passion, for communion with thy saints, for this heavenly food, for Christ in us the hope of glory, we praise and bless thy holy name; beseeching thee that we may so reverently treasure and so diligently use the grace of each communion, that we may grow in the knowledge and love of thee, and of thy Son, Jesus Christ our Lord.

¶ Respondent: Amen.



Pieter Breugel the Elder The Fight between Carnival and Lent

THE COMMUNION ANTHEM Richard Farrant Call to remembrance https://www.youtube.com/watch?v=1mOzpAvM8Vk Clare College Choir– Tim Brown

THE PRAYER OF OBLATION

O LORD and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

¶ Respondent:

Amen.

THE BLESSING

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

¶ All:

Amen.

¶ Please mute





Music for private reflection

J S Bach: St. Matthew Passion – Movt: 29 O Mensch, bewein dein Sünde groß Collegium Vocale Philippe Herreweghe https://www.youtube.com/watch?v=jkNt6KuD_0Q

O man, weep for your great sins because of which Christ left his Father's bosom and came upon the earth; from a young woman pure and gentle he was born here for us. He wanted to become our mediator, to the dead he gave life and removed in this way all sickness until the time came when he was sacrificed for us, bore the heavy burden of our sins for a long time on the cross.