

# ST BOTOLPH CAMBRIDGE

Sunday 19th July 2020 at 11.00 am  
The Sixth Sunday after Trinity

## HOLY COMMUNION

Welcome – Fr Stephen

### *THE INTROIT*

THE Lord is the strength of his people, and a stronghold of salvation to his Anointed One: O Lord, save thine own people and give thy blessing unto thine inheritance; O feed them also, and set them up forever. Unto thee will I cry, O Lord my God, be not silent unto me: lest, if thou make as though thou hearest not, I become like them that go down into the pit. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen. The Lord is the strength of his people . . .

### *THE LORD'S PRAYER*

OUR Father, which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. **Amen.**

### *THE COLLECT FOR PURITY*

ALMIGHTY God,  
**unto whom all hearts be open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.**  
**Amen.**

### *THE SUMMARY OF THE LAW*

OUR Lord Jesus Christ said: Hear, O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself. There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.  
**Lord have mercy upon us and write all these thy laws in our hearts, we beseech thee.**

Let us pray.

### *THE COLLECT FOR THE SOVEREIGN*

ALMIGHTY God, whose kingdom is everlasting, and power infinite: Have mercy upon the whole Church; and so rule the heart of thy chosen servant ELIZABETH, our Queen and Governor, that she (knowing whose minister she is) may above all things seek thy honour and glory: and that we, and all her subjects (duly considering whose authority she hath) may faithfully serve, honour, and humbly obey her, in thee, and for thee, according to thy blessed Word and ordinance; through Jesus Christ our Lord, who with thee and the Holy Ghost liveth and reigneth, ever one God, world without end. **Amen.**

### *THE COLLECT OF THE DAY*

O GOD, who hast prepared for them that love thee such good things as pass man's understanding: Pour into our hearts such love toward thee, that we, loving thee above all things, may obtain thy promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

### *THE EPISTLE*

*The Epistle is written in the sixth chapter of the letter of St Paul to the Romans, beginning at the third verse.*

KNOW ye not that so many of us as were baptized into Jesus Christ were baptized into his death? Therefore we are buried with him by baptism into death; that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life. For if we have been planted together in the likeness of his death, we shall be also in the likeness of his resurrection: knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin. For he that is dead is freed from sin. Now if we be dead with Christ, we believe that we shall also live with him; knowing that Christ being raised from the dead dieth no more; death hath no more dominion over him. For in that he died, he died unto sin once; but in that he liveth, he liveth unto God. Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord.

*Here endeth the Epistle.*

### *THE GRADUAL*

TURN thee again, O Lord, at the last: and be gracious unto thy servants. O Lord, thou hast been our refuge: from one generation to another. Alleluia. Alleluia. O deliver me from thine enemies, O God: defend me from them that rise up against me. In thee, O Lord, have I put my trust, let me never be put to confusion: deliver me in thy righteousness; bow down thine ear to me, make haste to deliver me. Alleluia . . .

*THE GOSPEL*

*The Holy Gospel is written in the fifth chapter of the Gospel according to St Matthew, beginning at the twentieth verse*

**Glory be to thee, O Lord.**

JESUS said unto his disciples, Except your righteousness shall exceed the righteousness of the Scribes and Pharisees, ye shall in no case enter into the kingdom of heaven. Ye have heard that it was said by them of old time, Thou shalt not kill: and whosoever shall kill, shall be in danger of the judgement. But I say unto you, that whosoever is angry with his brother without a cause shall be in danger of the judgement: and whosoever shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell-fire. Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; leave there thy gift before the altar, and go thy way, first be reconciled to thy brother, and then come and offer thy gift. Agree with thine adversary quickly, whiles thou art in the way with him; lest at any time the adversary deliver thee to the judge, and the judge deliver thee to the officer, and thou be cast into prison. Verily I say unto thee, Thou shalt by no means come out thence, till thou hast paid the uttermost farthing.

**Praise be to thee, O Christ.**

*THE NICENE CREED*

I BELIEVE in one God

**the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the life of the world to come. Amen.**

*THE SERMON – Fr Stephen*

*THE OFFERTORY*

O hold thou my goings in thy paths, that my footsteps slip not; incline thine ear unto me, and hearken unto thy words: show thy marvellous loving-kindness: thou are the Saviour of them that put their trust in thee, O Lord.

**Hymn NEH 74 O for a heart to praise my God**

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| 1 O for a heart to praise my God,<br>A heart from sin set free;<br>A heart that always feels thy blood<br>So freely spilt for me:        | 3 A humble, lowly, contrite heart,<br>Believing, true, and clean,<br>Which neither life nor death can part<br>From him that dwells within: | 5 My heart, thou know'st, can never rest<br>Till thou create my peace;<br>Till of mine Eden repossesst,<br>From self, and sin, I cease. |
| 2 A heart resigned, submissive, meek,<br>My dear Redeemer's throne;<br>Where only Christ is heard to speak,<br>Where Jesus reigns alone: | 4 A heart in every thought renewed,<br>And full of love divine;<br>Perfect and right and pure and good,<br>A copy, Lord, of thine.         | 6 Thy nature, gracious Lord, impart,<br>Come quickly from above;<br>Write thy new name upon my heart,<br>Thy new best name of love.     |

*THE INTENTIONS*

Let us pray for the whole state of Christ's Church militant here on earth:

*THE PRAYER FOR THE CHURCH MILITANT*

ALMIGHTY and ever living God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks for all men; We humbly beseech thee most mercifully to accept our oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to save and defend all Christian kings, princes and governors; and specially thy servant Elizabeth our Queen; that under her we may be godly and quietly governed: and grant unto her whole council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and Curates, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy People give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succour all them who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants

departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate.  
**Amen.**

#### CONFESSION AND ABSOLUTION

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

ALMIGHTY God,

**Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

#### THE ABSOLUTION

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; + pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to life eternal; through Jesus Christ our Lord. **Amen.**

#### THE COMFORTABLE WORDS

HEAR what comfortable words our Saviour Christ saith unto all who truly turn to him.

*Come unto me, all ye that travail and are heavy laden, and I will refresh you. So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.* Hear also what Saint Paul saith. *This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners.* Hear also what Saint John saith. *If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.*

#### THE SURSUM CORDA

The Lord be with you.

**And with thy spirit.**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto the Lord our God.

**It is meet and right so to do.**

IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing: Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to Thee, O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

#### THE PRAYER OF HUMBLE ACCESS

WE do not presume

**to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us.**  
**Amen.**

#### THE PRAYER OF CONSECRATION

ALMIGHTY God, our heavenly Father, who of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that by the power of the Holy Spirit, we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed + Body and Blood: Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying:

*Take, eat, this is my Body, which is given for you; Do this in remembrance of me.*

Likewise, after supper, he took the Cup; and, when he had given thanks, he gave it to them, saying:

*Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.*

**Amen.**

*THE AGNUS DEI*

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

*THE COMMUNION*

I will offer in his dwelling an oblation with great gladness: I will sing, and speak praises unto the Lord.

*THE INVITATION TO COMMUNION*

THE Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life: Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

**Hymn NEH 59** *Now is the healing time decreed*

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| 1 Now is the healing time decreed<br>For sins of heart and word and deed,<br>When we in humble fear record<br>The wrong that we have done the Lord: | 3 Therefore with fasting and with prayer,<br>Our secret sorrow we declare,<br>With all good striving seek his face,<br>And lowly-hearted plead for grace.    | 5 We pray thee, holy Trinity,<br>One God, unchanging Unity,<br>That we from this our abstinence<br>May reap the fruits of penitence. Amen. |
| 2 Who, always merciful and good,<br>Has borne so long our wayward mood,<br>Nor cut us off unsparingly<br>In our so great iniquity.                  | 4 Cleanse us, O Lord, from every stain,<br>Help us the gifts of grace to gain,<br>Till with the angels, linked in love,<br>Joyful we tread thy courts above. |  |

*THE LORD'S PRAYER*

OUR Father,

**which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

*THE PRAYER OF OBLATION*

THEE O Lord and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

**Amen.**

*THE GLORIA*

GLORY be to God on high,

**and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

*THE BLESSING*

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

**Amen.**

**RECESSIONAL HYMN NEH 235** *Forth in thy name O Lord we go*

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| 1 Forth in thy name, O Lord, I go,<br>My daily labour to pursue;<br>Thee, only thee, resolved to know,<br>In all I think or speak or do.         | 3 Preserve me from my calling's snare,<br>And hide my simple heart above,<br>Above the thorns of choking care,<br>The gilded baits of worldly love. | 5 Give me to bear thy easy yoke,<br>And every moment watch and pray,<br>And still to things eternal look,<br>And hasten to thy glorious day;            |
| 2 The task thy wisdom hath assigned<br>O let me cheerfully fulfil;<br>In all my works thy presence find,<br>And prove thy good and perfect will. | 4 Thee may I set at my right hand,<br>Whose eyes mine inmost substance see,<br>And labour on at thy command,<br>And offer all my works to thee.     | 6 For thee delightfully employ<br>Whate'er thy bounteous grace hath given,<br>And run my course with even joy,<br>And closely walk with thee to heaven. |

**Closing Organ Voluntary**

Felix Mendelssohn *Sonata No 3 in A Major*